

STUDENT *SPORT* NEWS

JULY ISSUE



**SPECIAL
AWARDS
EDITION**

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WELCOME

Welcome back to the Student Sport Newsletter – special awards edition. This edition reveals the achievements and winners from this years Student Sport Awards Night which took place on Monday 12th of June in the lecture theatre.

Our award winners came from across a range of different faculties and courses, once again highlighting that involvement in our sports clubs and teams is not only for students studying sport related courses.

*A massive
congratulations
to all our student
sport award
winners for
2023!!!*

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Successful • Committed • Active

SPORTS CLUB OF THE YEAR



Certificates were presented to student members within a sports club that demonstrated the most outstanding year of activity across a variety of different areas, mainly focused on keeping members engaged and active.

The award focused on both the achievements and upward development

of a recreational club over the past 12 months. Recreational sport provide a great opportunity for students of any ability, background and skill level to develop their physical and mental health. There have been some real impactful individual success stories this term across all of our clubs and long may that continue!



THE WINNERS
MIXED VOLLEYBALL CLUB

Positive attitude • Work-ethic • Enthusiasm

SPORTS CLUB COACH OF THE YEAR

A plaque was presented to the coach for their commitment coaching members to a very high standard within a recreational club.

This coach has made some tremendous contributions to their club over the past 12 months with their ability to connect with participants and build strong relationships from beginners to more advanced participants. She managed to keep the female basketball club together in a club setting despite the unfortunate withdrawal from BUCS in October 2022. Her pro-activeness ensured the club still had opportunities to compete in friendly competitions throughout the year, a vital aspect of recreational sport to keep members engaged. The club rounded off the season by securing gold under Yasmine's coaching against Fife College at the SSS College Cup, winning by a resounding scoreline of 82-18.



**WINNER
SPORTS CLUB COACH
OF THE YEAR**

**YASMINE BOWDEN –
WOMEN'S BASKETBALL COACH
SPORTS COACHING STUDENT**

TOP 3 ATTENDANCE AWARDS



Trophies were awarded to the top three students that attended the most amount of recreational sport sessions throughout the term.

This year, we asked students to sign in with their mobile phone via a QR code after arriving at a club, which was linked to a Microsoft Form when attending a recreational club. There is work ongoing to continue to ensure that our register taking system is as robust as possible, whilst making things as easy as is possible for our coaches and for those that take part in the sessions.

Thank you to all students who complied with this new procedure!



3rd PLACE
YELYZAVETA REDKINA
DIGITAL DESIGN STUDENT



ICE



1st PLACE
FRASER INGLIS
SPORTS THERAPY STUDENT



2nd PLACE
EMILIA BULGARU
ARCHITECTURAL TECHNOLOGY
STUDENT



SPORTS TEAM OF THE YEAR



Certificates were presented to student members within a sports team that demonstrated significant success, key achievements and development within the competitive calendar.

The winning sports team has been representing the college in BUCS this past year, which is a league not only for colleges but also for universities. Each of our teams this year have enjoyed success on and off the field of play to varying degrees. Amongst these achievements, the winning team finished 2nd in their league, which was the highest ever finishing position recorded since our participation in BUCS.

The season was rounded off in style as City won gold at the SSS College Cup, fending off Fife and Edinburgh College winning 80-38 and 51-29 respectively.



[CLICK HERE](#)
*to watch the
full match*

THE WINNERS
MEN'S BASKETBALL TEAM

SPORTS TEAM COACH OF THE YEAR



A plaque was presented to the coach that demonstrated excellent coaching expertise with a sports team and for getting the best out of their players.

This award recognises the important and inspirational role our BUCS team coaches play in working with students across a range of different courses. Bringing these students together through a trial process at the start of term and subsequently coaching them for training and match days on a weekly basis throughout the term is no easy feat. The winning coach has been with us for several years now and has been a figurehead in developing the comprehensive basketball programme that we offer all students at City of Glasgow College.

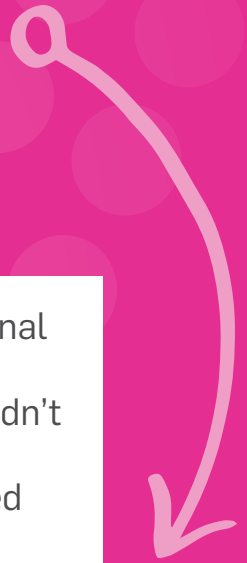


WINNER
MEN'S BASKETBALL COACH

ROSS MATHISON
MEN'S BASKETBALL COACH
SPORTS COACHING LECTURER

Leadership • Perseverance • Ability to motivate

VOLUNTEER OF THE YEAR



A plaque was presented to a volunteer who has dedicated a significant amount of time and involvement supporting a sports club or team achieve their goals.

This award is designed to recognise the importance of volunteers within our student sport programme, from our sports physios and media students to the volunteer assistant coaches for our sports teams. We are looking at expanding our volunteering opportunities going into

next term through both recreational and competitive student sport. Without these volunteers, it wouldn't be possible to provide students with the services that are required for clubs and teams to function effectively and efficiently.

This student won this award for their dedication, commitment and consistency in turning up, trying to better themselves, and stepping in when required to facilitate and lead for both training and match days

Enthusiasm • Proactive • Ability to listen and learn



**WINNER
VOLUNTEER OF THE YEAR**

**AARON CHAPMAN
MEN'S ASSISTANT BASKETBALL COACH
SPORTS COACHING STUDENT**

Commitment • Passion • Positive influence on others

SPORTSMAN OF THE YEAR



A plaque was presented to a sportsman who has excelled in their chosen field of sport and has enhanced the reputation of City of Glasgow College.

This student has been a college student for 2 years now, and competes in volleyball at both a club and national level. He gained his first cap for the Scottish National Volleyball team in December, contributing to the team's performance in their fine victory against England. This student has contributed to City of Glasgow College's gold medal winning performances at the College Cup in both 2022 and 2023. He has also been an active participant at our Tuesday volleyball club over the past couple of years. We would like to offer Harry a massive thank you for his outstanding contributions during this period.



WINNER
SPORTSMAN OF THE YEAR

HARRY ORR
SPORTS THERAPY STUDENT

Commitment • Passion • Positive influence on others

SPORTSWOMAN OF THE YEAR

A plaque was presented to a sportswoman who excelled in their chosen field of sport and has enhanced the reputation of City of Glasgow College.

This student has been studying at college for 1 year. She has experience playing club level basketball in Romania before her travels to City of Glasgow College. We were delighted to be able to offer this student the opportunity to be a part of the women's college basketball team this term. This student had a massive part to play in the female basketball team gaining a gold medal against Fife College. Not only this, but her willingness to train up and subsequently officiate on the table for

men's games was much appreciated. This student is well respected by her peers and there is no doubt that she had a massive role to play in keeping the club active and engaged despite the unfortunate withdrawal from BUCS at the start of the season. Additionally, she has been a regular attendee at both our recreational volleyball and basketball clubs on Tuesday evenings.

Congratulations to Emilia in her outstanding work in improving herself and others at City of Glasgow College.



WINNER
SPORTSWOMAN OF THE YEAR



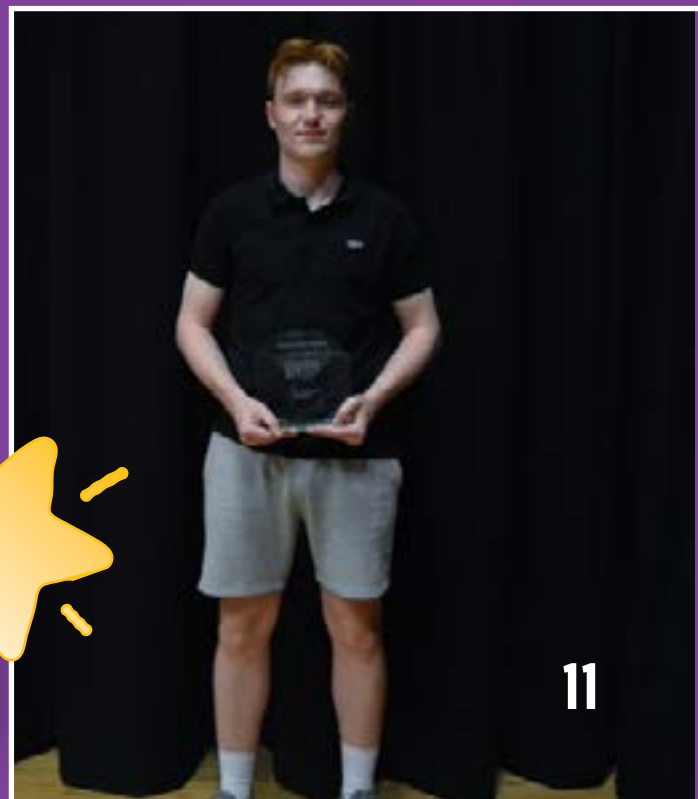
EMILIA BULGARU
ARCHITECTURAL TECHNOLOGY STUDENT

ABOVE AND BEYOND AWARDS



Plaques were presented to 3 different individuals who have represented their club and the college to an extremely high standard through their interactions with others. Going above and beyond their role as a club member is something that we are extremely grateful for. Very well done to our 3 deserved award winners!

Our first award winner has been involved in the men's football team this year. He has had a positive influence on others in the team in what has been an up and down season. His mannerisms, infectious personality and willingness to improve his own performance has made him stand out. This student was always full of questions to our coaching staff, to improve himself and others in the team. This is a student who has led by example and always applied himself fully and wholeheartedly with a smile on his face. With that said, make no mistake that Adam created a more positive club environment for himself and others in the team. This cannot be underestimated in terms of the positive affect this has in a team environment.



WINNER 1
ADAM GRAY
SPORTS COACHING STUDENT

Our second award winner has been involved in various college clubs over the past couple of academic years including volleyball, badminton and running. This student, who has studied at the college for 2 years now, has been known to double up on sessions including attending both the running club and badminton club on Thursday evenings. She carries herself in an exemplary manner and is a friendly, kind and caring student who listens well to instructions. Mariya responded to a call for help 24 hours before the event took place, to fill a slot in the badminton team which subsequently led to the team gaining a gold medal in the Scottish Student Sport College Cup this year after last year's silver medal.



WINNER 2
Mariya Kiyaskho
ARCHITECTURAL TECHNOLOGY STUDENT





WINNER 3
Dylan Shek
SPORTS THERAPY STUDENT



Our third award winner is a member of the volleyball club who has also been a student at the college for 2 years. This student exudes positivity, works well with others and always has a smile on his face. He has had a vital part to play in the development of the club this year and has acted as a leader to students that were new to volleyball and a bit hesitant to take part or get involved.

This student is always proactive and is well respected by others in the club. Unfortunately, this student just missed out on being accepted onto the gold medal winning men's volleyball team this year, but this did not stop him attending the event in person and cheering on his teammates to victory on the winning point against Fife College.



NEXT TIME

Thanks for reading our June Issue – a special awards edition. For students returning next term, sports clubs and teams will resume again from September with exact dates/days/times to be confirmed. Keep an eye on your emails in August for clubsport updates.

We hope all our staff and students have a wonderful summer break!

