How to make your very own homemade, eco-friendly, sustainable Mask?

Step 1: Prep your materials. You will need; two layers of fabric, a ruler, pins, scissors, and a pen/pencil.

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Step 2:

Once prepped, measure out your chosen fabrics, for an ==adult mask== it is 15/25 cm for the inner layer of fabric and 17/27 cm for the outer layer.
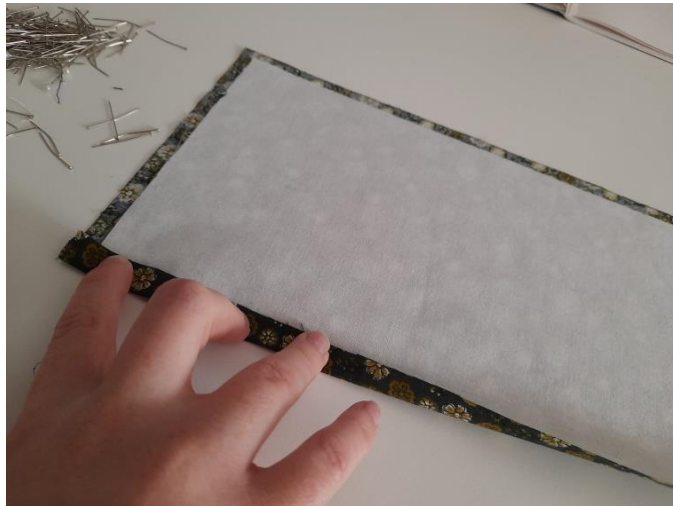

The reason for this is so that you can fold the outer layer ==twice== inwards.

Other Measurements - 4 year old masks- 12/17 cm for inner layer and 14/17 outer layer.

7 years old - 14, 15/20 cm inner layer and 16/22 outer layer.

==Important Note:== this can vary dependant on the size and style of mask. If you are a beginner then play around with a range of sizes and materials.

Step 3: Fold the outer layer inwards twice and do this until it is nicely folded into your inner layer, whilst doing this place your pins into the folded rim of fabric to hold the fold firmly in place.

Step 4: Add Soft elastic to the smaller sides of your cut out fabrics and then fold inwards again, remember to fold the fabric into the inner layer twice. 2x15cm of elastic

Step 4- Time to sew , this can be done by hand or with a sewing machine, the pins are needed in order to create a straight, clean line with the needle and thread, remember to take every pin out afterwards.

Step 5: Once all four sides are sewn, tighten the elastic by folding the fabric inwards with your fingers to create a ruffle like texture.

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Step 6: Tie your elastic together! And then enjoy wearing your own homemade mask with any material you like, try and aim to cut out your fabrics from old clothes in order to reduce the waster of fabrics which will then reduce the impact of fabric waste/pollution, make a difference today by keeping yourself and others around you safe from the virus and from the harmful impacts of the environment.